



## **Maternal Child Health Home Visiting Program Congratulations!**

The Maternal Child Health Program extends best wishes on the birth of your baby.

Our Home Visiting Program is a FREE program that helps with health care needs for you and your baby.

Our nurses can come to your home and provide education and assistance in:

- \* Wellness after Delivery
- \* Birth Control
- \* Nutrition
- \* Child Safety
- \* Breast Feeding
- \* Stress Reduction
- \* Infant Care Tips  
(bathing, diapering, and feeding)
- \* Immunization Program Referral
- \* Infant Height and weight
- \* Normal Development
- \* Depression

If you need other services, a public health nurse will help you find resources through other agencies in the County.

### **All Services are Free of Charge**

Please call 267-580-3534 Monday thru Friday 8:00 am to 4:00pm and we will arrange a visit to your home.