PA Resources for Your Family’s Health

From preconception health to caring for your baby, call 1-800-986-BABY (2229) for referrals & information on newborn screening, breastfeeding, immunizations, WIC nutrition, car seats & much more.

As your child grows, call 1-800-986-KIDS (5437) for your family’s health, insurance and human service needs.

www.health.state.pa.us
Health Services and Resources
Maternal & Child Health Programs

Weekly messages to pregnant women & new moms to help them and their babies have the best possible start in life. To sign up, simply text:

BABY to 511411
BEBE for Spanish

Special Kids Network
System of Care

www.gotoskn.state.pa.us
1-800-986-4550

- Resources for children and youth with physical, developmental, behavioral or emotional conditions
- Information on health care products, respite, advocacy, assistive technologies & more
- Family support in overcoming challenges to ensure children & youth have access to services, education, employment
- Assistance to help your community to identify service gaps and to address the unique challenges of your local service system

The agency’s PA Consortium coordinates regional Parent, Youth and Professional Forums. Call and have your voice heard.

Lead Information 1-800-440-LEAD (5323)

- Lead poisoning prevention— pregnant women & children
- Outreach events for children and adults
- Lead abatement training
- Publications for homeowners, landlords, residents and contractors

www.health.state.pa.us/LEAD

Brain Injury Helpline 1-866-412-4755

- Referrals to brain injury services
- Information for families, coaches, educators and service providers
- Publications on shaken baby syndrome, return to work or return to school, concussions, falls prevention & more

PA Recreation & Leisure 1-800-986-4550
Activities & facilities
Accessible & inclusive

TTY access to all resources: 1-877-232-7640

The PA Department of Health partners with other commonwealth agencies to operate PA’s Health and Human Services Call Center. By calling one of our toll-free numbers, you can also ask about insurance eligibility and long term living options. Visit www.HelpinPa.state.pa.us to use Live Chat during our helpline hours: Monday through Friday, 7 a.m. - 7 p.m.